

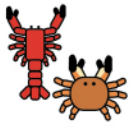
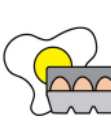
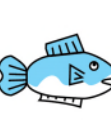
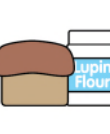










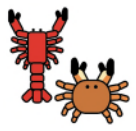

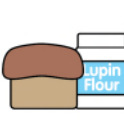

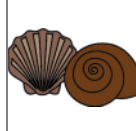









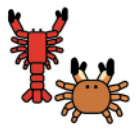


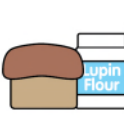

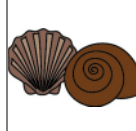






DISHES AND THEIR ALLERGEN CONTENT – For Food Sake – Mexican Heat@Home

DISHES														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
DIY Nacho Kit (V)							✓							
Chili Con Queso Dip (V)							✓							
Mexican BBQ Ribs									✓					
7 Layer Dip (V)	✓						✓							
El Gringo Enchiladas		✓					✓							
Dos Amigos Enchiladas		✓					✓							
Rancheros Enchiladas (V)		✓					✓							
El Camarone Enchiladas		✓	✓				✓							
Chicken Fajita		✓					✓							
Steak Fajita		✓					✓							

DISHES AND THEIR ALLERGEN CONTENT – For Food Sake – Mexican Heat@Home

DISHES														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roasted Spiced Vegetable Fajita		✓					✓							
King Prawns Fajita		✓	✓				✓							
Ginger Man Fajita Combo		✓					✓							
Blackened Mexican Spiced Chicken in Cancun Sauce							✓							
Mexican Spiced Salmon					✓		✓							
Kids DIY Nacho Kit (V)							✓							
Kids Chicken Wrap Kit	✓	✓					✓							
Kids Macaroni (V)		✓					✓							
Mexican Rice	✓													
Sticky Toffee Pudding				✓			✓							



DISHES AND THEIR ALLERGEN CONTENT – For Food Sake – Mexican Heat@Home

DISHES														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Choco Churros		✓					✓							
Salsa Fresca														
Guacamole														
Sour Cream							✓							
Tortilla Chips														
Tortilla Wraps		✓												
Pinto Beans	✓													





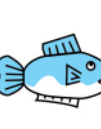
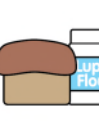








Review date: 04.3.22

Reviewed by: Xen Larg



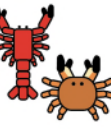
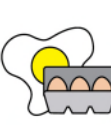
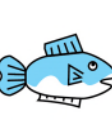
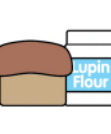



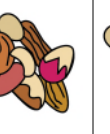



DISHES AND THEIR ALLERGEN CONTENT – For Food Sake – Create Your Own Heat@Home

DISHES														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Smoked Haddock Fishcakes with a Buttercream Sauce		✓		✓	✓		✓							
Panko Coated Haggis Balls with a Whisky and Wholegrain Mustard Aioli and Rocket Garnish		✓		✓					✓					
Duo of Hot and Cold Smoked Salmon Rilletes, Fresh Citrus Aioli Rocket and Sea Salt with a Crisp Tortilla Wafer				✓	✓		✓							
Hot Smoked Mackerel Pate, Crisp Toast with Pickled Capers, Fresh Roasted Beetroot and Peppery Watercress Salad				✓	✓		✓		✓					✓
Classic Prawn Cocktail	✓	✓	✓	✓	✓									
Chorizo sauteed with Potato, Roasted Peppers, Roast Onion, Chilli's and Cheest							✓						✓	
Tangy Crisp Bruschetta with a Balsamic Reduction, Rocket and Parmesan Shavings		✓					✓							✓





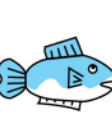
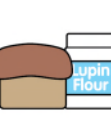



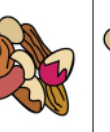

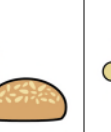
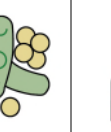

DISHES AND THEIR ALLERGEN CONTENT – For Food Sake – Create Your Own Heat@Home

DISHES	 Celery	 Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Roasted Beetroot and Goats Cheese Filo Parcel with a Rocket Vinaigrette Salad (V)		✓					✓							✓
Vegetarian Haggis wrapped in Filo Pastry with Whisky, Mustard and Cream Sauce (V)	✓	✓					✓		✓					
Caprese Salad with Fresh Mozzarella, Vine Ripened Tomatoes and a Basil Pesto Drizzle (V)							✓							✓
Carrot and Coriander Soup served with Homemade Croutons (V)	✓						✓							
Sweet Potato, Coconut and Lime Soup served with Homemade Croutons (V)	✓													
Cream of Mushroom and Tarragon Soup served with Homemade Croutons (V)	✓						✓							


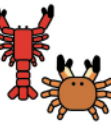
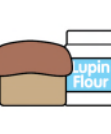




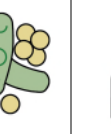

DISHES AND THEIR ALLERGEN CONTENT – For Food Sake – Create Your Own Heat@Home

DISHES														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roasted Vine Tomato and Basil Soup served with Crème Fraiche and Homemade Croutons (V)	✓						✓							
Chargrilled Chicken with Parmesan & Herb Crust served with Sweet Potato Mash and Spring Ratatouille		✓					✓							
Lemon & Cracked Black Pepper Chicken Breast, Coriander, Butterleaf Salad, Tomato and Savoury Cous Cous	✓	✓					✓							
Chicken Supreme wrapped in Proscuitto Ham filled with Cream Cheese & Sundried Tomato served with Dauphinoise Potatoes, Seasoned Vegetable Bundle and finished with a Sauce Vierge							✓							



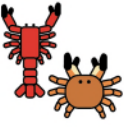











DISHES AND THEIR ALLERGEN CONTENT – For Food Sake – Create Your Own Heat@Home

DISHES														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuscan Chicken in a Creamy Sundried Tomato Sauce, served with Baby Hassleback Potatoes and Seasonal Greens (GF)	✓						✓							
Persian Chicken with Dauphinoise Potatoes, Fine Green Beans topped with Flaked Almonds & Butter							✓			✓				
Pan Seared Chicken filled with Serrano Ham & Baby Spinach, Smothered in a Fresh Rustic Tomato and Herb Provencal Sauce, with a Seasoned Vegetable Bundle and Lyonnaise Potatoes	✓													
Balmoral Highland Chicken filled with Haggis served with Pepper Cream Sauce, Rumbledethump Potatoes or Dauphinoise and Roasted Turnip and Carrots		✓					✓						✓	✓

DISHES AND THEIR ALLERGEN CONTENT – For Food Sake – Create Your Own Heat@Home

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Deluxe Hunters Chicken Slow Cooked in a Rich BBQ Sauce, Topped with Serrano Ham and a Layer of Cheese served with Duchess Potatoes, Fresh Corn and Bell Peppers							✓		✓					
Thai Style Chicken & Vegetable Curry with Red Pepper , Mange Tout and Baby Corn with Basmati Rice	✓						✓					✓		
Thai Vegetable Curry with Red Pepper , Mange Tout and Baby Corn with Basmati Rice (V)	✓						✓					✓		
Prime Lamb Korma slow cooked in Coconut Milk, Cream, and a Blend of Spices served with Pilau Rice (GF)	✓						✓			✓				



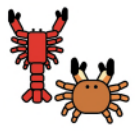


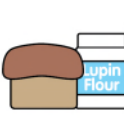

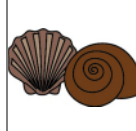






DISHES AND THEIR ALLERGEN CONTENT – For Food Sake – Create Your Own Heat@Home

DISHES														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Herb Crusted Prime Salmon Filet Gently Baked until Golden Brown with a Crunchy Herb Topping served with a Seasonal Vegetable Bundle, Lyonnaise Potatoes and Fresh Tartare	✓	✓		✓	✓		✓		✓					
Grilled Salmon with a Sweet Potato & Butternut Houmous Mash and Long Stem Broccoli					✓		✓					✓		
Pork Escalope's with Garlic & Chive Butter and a Twist of Lime served with a Seasoned Vegetable Bundle and Lyonnaise Potatoes	✓						✓							
Slow Cooked Daube of Beef cooked until Tender with Red Wine, Baby Shallots & Rosemary served on a Bed of Colcannon Mash Potato and Roasted Carrots	✓						✓						✓	✓



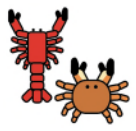


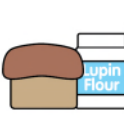

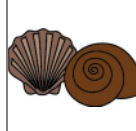






DISHES AND THEIR ALLERGEN CONTENT – For Food Sake – Create Your Own Heat@Home

DISHES														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Deluxe Prime Fillet Beef Stroganoff with Onions & Mushrooms bound in a Paprika Cream Sauce with Long Grain Rice	✓						✓							
Fillet Steak Medallions in a Creamy Pepper Corn Sauce with Dauphinoise Potato and Seasonal Vegetables							✓						✓	✓
Fillet Steak Medallions in a Diane Sauce with Dauphinoise Potato and Seasonal Vegetables							✓		✓				✓	
Hungarian Style Goulash Tender Beef bound in a Rich Tomato and Paprika Sauce with Red Peppers, Onions and Baby Boiled Potatoes	✓						✓						✓	

DISHES AND THEIR ALLERGEN CONTENT – For Food Sake – Create Your Own Heat@Home

DISHES														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Herb & Garlic Crusted Lamb Rump Steak with Dauphinoise Potatoes, Roasted Root Vegetables and Fresh Mint Jus		✓					✓		✓				✓	✓
Mediterranean Vegetable & Halloumi Stack with Duchess Potatoes and Basil Drizzle							✓							✓
Moroccan Spiced Casserole with Butternut Squash, Chickpea and Spinach with Brown Rice	✓													
Chocolate Fondant with Macerated Strawberries and Chantilly Cream		✓		✓			✓							
Eton Mess served with Strawberries and Raspberries				✓			✓							
Rhubarb and Strawberry Crumble with Custard		✓		✓			✓							
Whisky Cranachan with Raspberries, Cream and Carmelised Oats		✓					✓							

DISHES AND THEIR ALLERGEN CONTENT – For Food Sake – Create Your Own Heat@Home

DISHES														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Baked Whole Apple filled with Raisins, Sugar and Cinnamon, Sticky Toffee Sauce with Sweetened Puff Pastry		✓					✓							
Chocolate Profiteroles		✓		✓			✓							

Review date: 4.3.22

Reviewed by: Xen Larg



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